

Dear Ashwell Parish Council,

I am emailing to enquire whether Ashwell Parish Council is able to offer a local Grant to support our local volunteers in delivering First Aid Sessions across North Hertfordshire as well as to the wider Hertfordshire community.

St John Ambulance has a local community of volunteers called the St John Ambulance North Hertfordshire Network. In addition to providing First Aid cover at events, our volunteers are fully qualified in delivering First Aid Training across a range of communities, especially focussing on 3-ways to save a life – CPR and how to use a Defibrillator; how to respond when someone is choking and dealing with bleeding incidents (from everyday cuts through to knife / deeper wounds).

In 2025, we aim to expand our outreach by delivering First Aid training to more local schools, community groups, and organisations. We will also offer sessions in public libraries, small businesses, and targeted communities.

All of our delivery is made **free of charge or for a small, voluntary donation** (unless it is an accredited course). While our volunteers generously give their time to support these sessions, there are inevitable costs to help with First Aid equipment and materials, our volunteers travel, their ongoing training and additional practical costs such as the supply of uniforms. As a charity we seek a range of donations from varying sources however locally we would love to work much more closely with the local parishes and therefore are reaching out to you.

We firmly believe **no one should die through lack of First Aid knowledge**. Any support that your Parish Council can provide, no matter how small, would help us reach more residents and equip them with lifesaving skills.

Thank you for your time and consideration. I would be happy to discuss this further at your convenience.

Best Wishes

**Community Fundraising Manager (East of England)**

St John Ambulance